What is claimed is:

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- 1. A dental instrument, adapted to facilitate manipulation of a dental appliance along the distal, mesial, or both distal and mesial surfaces of a tooth, the instrument comprising:
 - a grasping assembly, having a grasping surface shaped to approximate the contour of the dental appliance, and having an apical seating member disposed along an upper edge of the grasping surface; and
- an actuating assembly, operatively coupled to the grasping assembly.
- 2. The instrument of claim 1, wherein the grasping assembly comprises a plurality of members, each having a grasping surface, and wherein an apical seating member is disposed along an upper edge of at least one grasping surface.
- 3. The instrument of claim 2, wherein the apical seating member is disposed along a grasping surface closest to the tooth.
- 4. The instrument of claim 2, wherein the apical seating member is disposed along a grasping surface farthest from the tooth.
- 5. The instrument of claim 1, wherein the grasping surface is angled to approximate the contour of the dental appliance.
- 1 6. The instrument of claim 1, wherein the grasping surface is curved to approximate the contour of the dental appliance.
 - 7. The instrument of claim 6, wherein the grasping surface is curved convexly.
 - 8. The instrument of claim 6, wherein the grasping surface is curved concavely.

- 9. The instrument of claim 1, wherein the grasping surface comprises a traction feature disposed thereon.
- 1 10. The instrument of claim 1, wherein the grasping assembly is removably coupled to the actuating assembly.
- 1 11. The instrument of claim 1, wherein the grasping assembly is permanently coupled to the actuating assembly.
- 1 12. The instrument of claim 1, wherein the grasping assembly is formed as part of the actuating assembly.
- 1 13. The instrument of claim 1, wherein a portion of the actuating assembly is angled to facilitate exclusively mesial manipulation of the dental appliance.
- 1 14. The instrument of claim 1, wherein a portion of the actuating assembly is curved to facilitate exclusively mesial manipulation of the dental appliance.
- 1 15. The instrument of claim 1, wherein a portion of the actuating assembly is angled to facilitate exclusively distal manipulation of the dental appliance.
- 1 16. The instrument of claim 1, wherein a portion of the actuating assembly is curved to facilitate exclusively distal manipulation of the dental appliance.
- 17. The instrument of claim 1, wherein a portion of the grasping assembly is angled to facilitate exclusively mesial manipulation of the dental appliance.

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- 18. The instrument of claim 1, wherein a portion of the grasping assembly is curved to facilitate exclusively mesial manipulation of the dental appliance.
- 1 19. The instrument of claim 1, wherein a portion of the grasping assembly is angled to facilitate exclusively distal manipulation of the dental appliance.
- The instrument of claim 1, wherein a portion of the grasping assembly is curved to facilitate exclusively distal manipulation of the dental appliance.
- The instrument of claim 1, wherein the actuating assembly is a bifurcated actuating assembly.
- The instrument of claim 1, further comprising a locking assembly disposed along the actuating assembly.
- The instrument of claim 1, wherein a portion of the grasping assembly is formed to selectively facilitate mesial or distal manipulation of the dental appliance.
 - 24. An instrument for manipulation of a sectional matrix band along a mesial surface of a tooth, the instrument comprising:
- an actuating assembly, having first and second actuating members;
- a first grasping member, coupled to the first actuating member at a first transition area, having an inwardly convex grasping surface, formed proximal to the first transition area, and an apical seating member formed along an edge of the inwardly convex grasping surface;
- a second grasping member, coupled to the second actuating member at a second

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10	transition a	ırea;										

wherein the actuating assembly is operable to engage the inwardly convex and concave grasping surfaces in a pressure fit relationship.

25. An instrument for manipulation of a sectional matrix band along a distal surface of a tooth, the instrument comprising:

an actuating assembly, having first and second actuating members;

a first grasping member, coupled to the first actuating member at a first transition area, having an inwardly concave grasping surface formed proximal to the first transition area;

a second grasping member, coupled to the second actuating member at a second transition area, having an apical seating feature formed proximal to the second transition area and having an inwardly convex grasping surface formed proximal to the apical seating feature;

wherein the actuating assembly is operable to engage the inwardly convex and concave grasping surfaces in a pressure fit relationship.